













HUDSON COUNTY NUTRITION PROGRAMS

Program Name:	Health Fair
Agency/Institution:	Christ Hospital
Address:	176 Palisades Ave. Jersey City, NJ 07306
County:	Hudson
Phone:	(201) 795-8304
Focus:	
Services:	   
Population served:	All ages 
Funded by:	Contract funded
Fees & Charges:	No
Other information:	Program has a specific cancer prevention focus & provides information for cancer patients/survivors.

Program Name:	Yearly Community Nutrition Program
Agency/Institution:	Palisades Medical Center
Address:	7600 River Rd. N. Bergen, NJ 07047
County:	Hudson
Phone:	(201) 854-5235
Focus:	Unknown
Services:	      
Population served:	Ages 40+
Funded by:	Not funded
Fees & Charges:	Yes (for diabetes counseling)
Other information:	-

HUDSON COUNTY

PHYSICAL ACTIVITY PROGRAMS

Program Name:	Palisades Medical Center Fitness Center
Agency/Institution:	Palisades Medical Center
Address:	7600 River Rd. N. Bergen, NJ 07047
County:	Hudson
Phone:	(201) 854-5235
Focus:	To promote physical well being, eliminate sedentary lifestyles, and promote prevention in health.
Services:	      
Population served:	All adults 
Funded by:	Insurance companies & private payments.
Fees & Charges:	Yes
Other information:	Program provides information for cancer patients/survivors.